



THE WILLOWS
FAMILY LIFE CENTRE
GIVING • HOPE • TODAY

ANNUAL IMPACT REPORT

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WHY PATHWAY OF HOPE ?

The Willows Family Life Centre exists to bring holistic wellness to families and individuals in the Langley Community. Our foundational program is our Pathway of Hope family support model. This program is based on meeting the holistic needs of families. This is done through one on one support over the course of six months to one year, with our Casework Team. We assist families with housing, food security, counselling, childcare, community connections, budgeting, taxes, spiritual care and more - depending on needs identified.

In 2024 we were able to accompany 18 families in their individual journeys finding hope and holistic wellness through our Pathway of Hope Program.



PATHWAY SUCCESS STORY 2024

Janessa came to the POH program through a referral from a community partner who identified Janessa's willingness to change her current life course. She took a holistic approach to her care plan working alongside our caseworker Jamie to start setting achievable goals. Her well rounded goals reflected a wellness wheel model of care, taking note of physical needs, mental and emotional health, and spiritual connection to her culture and community. This set Janessa up for success empowering her and fueling her self-efficacy.

Janessa's specific goals ranged from accessing childcare, community/relationships, legal assistance, mental wellness, spiritual wellness, parenting support and financial security.

Janessa has recently gone back to full time work after maternity leave. Janessa worked hard to ensure family support and reliable childcare was lined up to support her and her son Jaxon through these changes. Through the support of Jamie, Janessa was able access and complete many empowering community resources like: Circle of Security, Triple P Parenting, CAP Budgeting, and Stopping the Violence group.

We are all so proud of Janessa and her accomplishments in our Pathway of Hope Program!



PROVIDING HOLISTIC CARE TO FAMILIES IN LANGLEY

This year at The Willows Family Life Centre we have seen growth reflected in all of our foundational programs that are offered to the Community. We have focused on continuing to provide outreach to youth by partnering with schools, and continue to be on the receiving end of ongoing referrals from the Ministry of Children and Family Development for empowering families in crises and need.

2023	2024	Projects	Details	Outcome
17 children	40 children	PEACE Program	Eight week course offered bi annually for families who have experienced violence.	Psycho educational curriculum delivered to children to promote safety and emotional regulation.
20 families	28 families	TRIPLE P PARENTING	Seven week program offered online - bi annually.	Parents receive positive parenting coaching which leads to healthier families.
41 children	127 children	RED CAP and TASK Anger Management	Six week course offered in local schools or as day seminars	Children and youth equipped with anger management skills.
177 children and parents	330 children and parents	Messy Church	Seasonal event in 2023 and monthly as of Sept 2024	Community Church program where families are invited for a meal and gospel teaching in a family friendly 'messy' space!
2,418 parents and tots	2,596 parents and tots	WILLOWBUDS PARENT and TOT	Bi weekly program for parents with children 0-5 years. Moved to registration in Sept 2024 due to ongoing increase in numbers.	Safe community space for families to connect and positive child development opportunities.
436 teen girls	672 teen girls	BRAVE	Yearly event, mentor program, summer camp and monthly relationship building events.	Providing education and empowerment to identifying teen girls - Modern Slavery and Human Trafficking Focus.
315 Youth	672 Youth	Youth Outreach and After School Prog.	Highschool outreach lunch programs and after school programs.	Relationship building and opportunity to share programs like BRAVE, Violence is Preventable, and TASK anger management.
280 spots filled	350 spots filled	Summer Day Camp and Soccer Program	Affordable day camp alternative for community families.	Safe summer program for community kids providing social and behavioral development.



SOME OF OUR PROGRAMS ARE OFFERED ONCE PER YEAR TO MEET NEEDS THAT ARE SEASONAL.



CHRISTMAS SPONSORSHIP

- The Willows Family Life Centre sponsored 30 families with full Christmas Support (food security, gifts and stockings for all family members)
- \$3000 dollars was donated to newly settled families from Nigeria who were in need of food security and meeting basic needs.



SUMMERCAMP SPONSORSHIP

- The Willows Family Life Centre sent 36 children to Camp Sunrise fully covering camp cost and transportation for a week long holiday camp.
- Our affordable summer day camp programming offered at The Willows served over 300 children over a course of 7 weeks of programming - both themed morning programs and afternoon soccer activities.

FUNDRAISING

This Christmas the Willows Family Life Centre under-took two major fundraising campaigns to help cover the cost of our Family Life Programming. We also received donations from community sources to contribute to our client assistance budget.

CHRISTMAS KETTLE CAMPAIGN

Our Christmas Kettle Campaign kicked off on Nov 13, 2024 and ran Wed - Sat until Christmas Eve. We had 3 kettles out in the community in Fort Langley, Willoughby, Brookwood, and Central Langley. Upwards of over 60 volunteers were involved in standing on our kettles in varying shifts of 2-6 hours. Included were players from Langley Riverman Hockey Team as well as Bethesda Day Program. Our total monies raised as a result of our Kettle campaign was \$18,200.

SANTA SHUFFLE

This Christmas season, in partnership with the Running Room Canada - The Willows Family Life Centre hosted a 5k Santa Shuffle and 1k Elf Walk. This was a family friendly event that saw over 200 community members and volunteers join together at Blacklock Elementary School. With a pancake breakfast, and Santa at the finish line - this event was a hit. Our total monies raised as a result of our Santa Shuffle was \$10,700.

COMMUNITY DONORS

We rely on the generosity of community donors - through amazing businesses in the Langley area, we received \$14,000 dollars

